

Why participate in a CDC program?

- *Integrate academic learning with learning in a community or “real world” setting*
- *Develop functional and personal skills*
- *Expand career and personal exploration*
- *Obtain academic credit*
- *Broaden your portfolio to include résumé development, pre-professional experiences and specialized references.*

Process

The process for developing and participating in a CDC opportunity provides evidence of the serious regard we have for maintaining a strong and accountable program:

- Initial interview with CDC staff (includes exploration of career goals and discussion of options)
- Completion of application process
- Interview with organizations (referrals made by CDC staff)
- Completion of appropriate paperwork after successful completion of CDC program(s).
- Final evaluation by site supervisor, CDC staff and student.

Academic Credit

Forty-five (45) hours of CDC program participation equals one-quarter (1/4) credit with a maximum of 2 credits per academic year. Students who complete a placement with fewer than 45 hours may elect to “roll” the hours into the next CDC experience assuming that the appropriate paperwork has been filed at the CDC. Completed applications must be received prior to placement.



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The South Burlington High School

Career Development Center

*“Experience the Ultimate Learning Laboratory –
Participate in **CDC** Opportunities within
the Community Today!”*



Welcome to the Career Development Center (CDC)

The CDC is here to help you think about your career plans and assist you in transitioning from student to working professional and/or into the world of higher education. The CDC provides numerous opportunities and we urge you to explore these services early in your SBHS experience. Please take advantage of the many ways we can work together in helping you meet your goals.

Our Mission Statement: to provide assistance and resources to students and alumni for their life-long career development.

HISTORY

CDC programs have been offered to students since 1982 and have included placements in a wide variety of community service and work experiences in business, social service and health agencies, government, education, and service industries. Programs occur throughout the year, lasting in duration according to students' needs. Each program is designed to fit the individual's talents, prior training, background, skills and personal goals.

CDC programs exist in such diverse fields as peer tutoring, ballet lessons, computer mentoring, volunteering at a medical facility, and respite training. The possibilities are as diverse as the needs of the students. Students receive school credit based on the time given to the placement site or project.

Many students use the vast CDC options to explore possible career choices or personal passions. Students who have decided on specific careers, use the CDC programs to strengthen future job skills and gain a competitive edge in the job market. Whatever the students' motivations, CDC programs have been highly successful educational experiences and the CDC is committed to expanding the program still further.

Program Description

The Career Development Center has been designated as the clearinghouse for all external career-related opportunities. The office is charge with the development of a more comprehensive approach to the "world of work". The CDC offers:

	Community Service Options			Career Exploration Options			
Program Title:	<i>Big Buddy</i>	<i>Tutoring</i>	<i>Volunteers in Action (VIA)</i>	<i>Mentoring</i>	<i>Shadowing</i>	<i>Internship</i>	<i>Senior Challenge</i>
Open to Grades: * (good academic standing required)	9-12 *	9-12 *	9-12	9-12	9-12	10-12 *	11-12 * (with Coordinator's approval)
	Course #0033	Course #0034				Course #0032	Course #0035
Description	Student matched with child in grades K-8, meeting on a regular basis.	Tutoring student(s) in grades K-12.	Designed to enhance student participation in service-learning opportunities.	Partnership with adult mentor for career and personal support.	On-site visit in a career field.	Designed for the individual student in an area of special interest for a specific period of time.	A student-designed project culminating in an oral presentation and research paper.
Examples of Placements:	<ul style="list-style-type: none"> Area School Districts 	<ul style="list-style-type: none"> Area School Districts 	<ul style="list-style-type: none"> United Way sites Direct requests to SBHS 	<ul style="list-style-type: none"> Varied 	<ul style="list-style-type: none"> Laboratory Studio Area Businesses Service Agencies 	<ul style="list-style-type: none"> Municipal Departments Hospitals Area Businesses School Districts — Office and Educational Aides 	<ul style="list-style-type: none"> Projects: Fashion Politics Music Education Literature Marketing
Application:	Required	Required	Recommended	Required	Recommended	Required	Required
Credit: (45 hours=1/4 credit to max of 2 credits/year)	Yes *	Yes *	No	No	No	Yes *	Yes - 1/2 credit course (Note: Enrollment will be dependent on the ability to schedule core time with course advisor)
Commitment:	<ul style="list-style-type: none"> 1 day/week for 1 year Other options available 	<ul style="list-style-type: none"> 1-3 days/week for 1 quarter to 1 year 	<ul style="list-style-type: none"> Open 	<ul style="list-style-type: none"> Twice/month for 1 semester to 1 year Other options available 	<ul style="list-style-type: none"> Open 	<ul style="list-style-type: none"> 1-5 days/week for Fall, Spring and/or Summer Sessions 	<ul style="list-style-type: none"> Fall or Spring semesters Summer options available

Community Note: The CDC will post childcare and employment opportunities as a courtesy to the community. The CDC is not an employment agency but it is willing to "pass the word" on any external opportunities appropriate for SBHS students.